

## Season 2020 Update

Training under current **LEVEL 1 RESTRICTIONS** the following applies:

1. Only 1 parent or carer to attend per child
2. No spectators, no permanent seating to be used, parent to remain in car
3. No socialising before or after training. You must leave immediately when finished
4. All players ensure you shower before and after training at home
5. Canteen and change rooms to remain closed
6. All players to bring sanitiser for use before and after training
7. Bring own water
8. If feeling unwell or exposed to someone unwell you must not attend
9. Maximum of 10 per group including the coach
10. ¼ field per group of 10
11. Passing drills and running only. No games or close contact
12. Volunteers to maintain attendance records
13. Volunteers to constantly clean toilets
14. Volunteers to police 1.5 metre social distancing

The committee has decided that training **WILL NOT** commence under Level 1 Restrictions until we have volunteers to help with **restrictions 12, 13 & 14**.

If the competition does restart, it will run from 3 July 2020 to 11 October 2020 our club will require quite a large number of volunteers to cover the above mentioned restrictions as well as:

15. Volunteers to be constantly wiping down and cleaning all hand rails, surfaces etc.
16. Volunteers to clean all equipment in between games (balls, nets etc.)

**Training (Monday to Friday 4pm to 7.30pm)**

**Saturday (9am to 5pm)**

**Sundays (9am to 11am)**

Anyone who is prepared to volunteer during these times we ask that you email your details and availability to [belmontfc@macquariefootball.net.au](mailto:belmontfc@macquariefootball.net.au)

Thanks Belmont FC